

December 2019

Camden Central Schools

Monday

2
Pizza Crunchers
Marinara Sauce
Peas
Assorted Fruit

Tuesday

3
Homemade Spaghetti with Meatballs
Broccoli (steamed)
WG Roll & Butter
Grapes/Fruit Cup

Wednesday

4
Cheese OR Garlic Pizza
Carrot Cup/Dip
Assorted Fruit Cup

Thursday

5
Chicken Nuggets /Roll
Rice
Green Beans
Banana/Fruit Cup

Friday

6
French Toast Sticks
Turkey Sausage
Carrot Sticks
Veggie Juice Cup/ Fruit Cups

9
Chicken Fajita
WG Tortilla Shell/Cheese

Romaine, Tomato, Salsa
Refried Beans/Com
Assorted Fruit

10
Cheeseburger on a Bun

Sweet Tots
Romaine Lettuce & Tomato
Fruit Cup/Apple

11
Cheese OR Pepperoni
Pizza

Carrot Cup/Dip
Assorted Fruit Cup

12
Sampler Lunch
Chicken Strip/Mozz Stick

Marinara Sauce/Dip
Broccoli (steamed) /WG Roll
Fruit Cup/Peaches

13
Toasted Cheese

Green Beans
French Fries
Assorted Fruit Cups

16
Chicken Patty on a Bun

Baked Beans/Sweet Tots
Romaine Lettuce/Tomato
Assorted Fruit

17
Taco Tuesday

Romaine Lettuce/Tomatoes
Salsa, Green Beans
Apple/Fruit Cup

18
Cheese OR Taco Pizza

Broccoli (steamed)
Assorted Fruit Cup

19
Roasted Turkey/Roll

Potatoes/Gravy
Carrots (steamed)
Warm Applesauce/Apple

20
Deli Style
Turkey or Ham Hoagie

Romaine Lettuce, Tomato
Veggie Sticks with Dip
Tostitos and Salsa
Apple/Fruit Cup

23

24

25

26

27

**Winter Recess
No School**

December 23- January 3, 2020

30

31

Did You Know?

The first day of Winter is on either December 21 or 22.
This is the shortest day of the year and the longest night.
It is called the Winter or Southern solstice in the Northern Hemisphere.

A La Carte

K-8

6oz Yogurt with String Cheese and Roll
PB&J Sandwich on Whole Grain Bread
9-12

Cheese or Garlic Pizza
Asst Deli Sandwich on Whole Grain Bread
Asst Salad with Whole Grain Roll
Chicken Patty
Hamburger

SERVED DAILY

Assorted Fruit Cup
Fresh Fruit

CHOICE OF MILK

1% White, Fat Free-White or Fat Free-Chocolate

School News

December 23rd -Jan 3rd
2020—Winter Recess—
NO SCHOOL

*Menu subject to change