

FEBRUARY 2020

Camden Central School



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 3 French Toast Sticks Breakfast Sausage Carrot Sticks/Hash brown Asst. Fruit Cup | 4 Sampler Lunch Chicken Strip/Mozz Stick Marinara Sauce/Dip Broccoli / WG Roll Banana/Fruit Cup | 5 Cheese OR Garlic Pizza Carrot Cup/Dip Assorted Fruit Cup | 6 Salisbury Steak/Roll Potatoes/Gravy Peas (steamed) Warm Applesauce/Apple | 7 Fish Fillet on a Roll Sweet Tots Green Beans (steamed) Assorted Fruit Cups |
| 10 Cheeseburger on a Bun French Fries Green Beans Assorted Fruit | 11 Chicken Nuggets /Roll Veggie Juice Cup Corn Apple/Fruit Cup | 12 Cheese OR Garlic Pizza Carrot Cup/Dip Assorted Fruit Cup | 13 Spaghetti and Meatballs Broccoli (steamed) WG Roll & Butter Orange/Fruit Cup | 14 Deli Style Turkey or Ham Salad Romaine Lettuce, Tomato Sweet Potato Tots Fruit Cup |
| 17 | 18 | 19 No School Mid-Winter Recess Feb. 17-21, 2020 | 20 | 21 |
| 24 Chicken Patty on a Bun Peas Sweet Fries Assorted Fruit | 25 Taco Tuesday Romaine Lettuce/Tomatoes Salsa, Corn Apple/Fruit Cup | 26 Cheese OR Garlic Pizza Carrot Cup/Dip Assorted Fruit Cup | 27 Cheesy Baked Potato (Baked Potato w/Cheese Sauce) Broccoli (steamed) WG Roll and Butter Apple Juice, Fruit Cup | 28 Toasted Cheese Green Beans French Fries Assorted Fruit Cups |

A La Carte

K-8
 6oz Yogurt with String Cheese and Roll
 PB&J Sandwich on Whole Grain Bread
 9-12
 Cheese or Garlic Pizza
 Asst Deli Sandwich on Whole Grain Bread
 Asst Salad with Whole Grain Roll
 Chicken Patty Hamburger

SERVED DAILY
 Assorted Fruit Cup
 Fresh Fruit

CHOICE OF MILK
 1% White, Fat Free-White, Fat Free-Chocolate

School News

Adult Menu \$5.00
 Feb 7th Prek-12 ½ Day
 Mid-Winter Recess-No
 School Feb 17-21, 2020

 2nd Meal Prices K- 4 5-12
 Breakfast \$1.00 \$1.00
 Lunch \$1.90 \$2.15

*Menu subject to change

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.